

Summer Multi-Terrain League - Race 3 Harrison Drive – 4.39 Miles – 8 Sept 2009

Mens Individual Results

1	Steve Crowe	Ellesmere Port	U40M.1	24:55	76	Colin Williamson	Shropshire Shufflers	O60M.2	31:29
2	Chris Cooper	Wirral	U20M.1	25:29	77	Pat Riley	Wallasey	O40M.31	31:31
3	John Hunt	Wirral	O40M.1	25:36	78	Andy Smith	Pensby Runners	O40M.32	31:35
4	John-Philip Seymour	Wirral	U20M.2	25:43	79	Barry Bright	Penny Lane Striders	O50M.11	31:38
5	Shaun Egan	Wirral	U20M.3	25:54	80	Tony Devoy	Wirral	O50M.12	31:39
6	Ian Magill	Liverpool RC	O40M.2	26:02	81	Stan Williams	Wallasey	O60M.3	31:42
7	Mark Hulmston	Wirral	U40M.2	26:04	82	Derek McArdle	Wallasey	O40M.33	31:52
8	Phil Robertson	Wirral	U20M.4	26:09	83	Tim Warn	Penny Lane Striders	O60M.4	31:58
9	Ian Cooper	Ellesmere Port	O40M.3	26:21	84	Tim Graham	Wallasey	U20M.15	32:00
10	Ben Costello	Wirral	U20M.5	26:28	85	Billy Hargreaves	PLS N/S	O60M.5	32:03
11	Paul Quine	Liverpool RC	O40M.4	26:33	86	Tim Charmley	Tattenhall Runners	O40M.34	32:05
12	Greg Jones	Wallasey	U30M.1	26:39	87	Matt Webb	Wirral	U40M.16	32:15
13	Richard Webster	Chester Tri	O40M.5	27:00	88	Mike Griffiths	Wallasey	O50M.13	32:15
14	Kelvin Dickinson	Wirral	U40M.3	27:02	89	Chris Cain	West Cheshire	O40M.35	32:17
15	Jamie Pullen	Wallasey	U40M.4	27:06	90	Barry Metcalfe	Wallasey	O40M.36	32:20
16	Richard Farrar	Wirral	U40M.5	27:07	91	Steve Saunders	Birkenhead	O40M.37	32:30
17	Andrew Gawne	Wirral	U20M.6	27:09	92	Danny Legg	Ellesmere Port	O40M.38	32:31
18	Denis Duret	Ellesmere Port	O40M.6	27:10	93	Nick Alsop	Birkenhead	O40M.39	32:32
19	Ian Lancaster	Tattenhall Runners	O50M.1	27:18	94	Mark Hockedy	Tattenhall Runners	O40M.40	32:34
20	Andrew Clague	West Cheshire	O40M.7	27:21	95	Martin Durrant	Tattenhall Runners	O50M.14	32:44
21	Tony Barbat	Wallasey	O40M.8	27:25	96	Dave McAlister	Wallasey	O50M.15	32:45
22	Graham Jenkins	Chester Tri	O40M.9	27:29	97	John Morris	Buckley	O60M.6	32:47
23	Not Recorded			27:33	98	Peter Hampshire	Pensby Runners	U40M.17	32:50
24	John Connolly	Penny Lane Striders	U40M.6	27:47	99	Geoff Shaw	Helsby	O50M.16	32:52
25	Phil Walton	Wallasey	U30M.2	27:51	100	John Keyworth	Pensby Runners	O50M.17	32:53
26	Connor McArdle	Wallasey	U20M.7	27:52	101	Andy Waring	Birkenhead	O50M.18	32:59
27	Tony McDevitt	Wirral	O50M.2	28:01	102	Andrew Cabot	Wirral	U20M.16	33:02
28	Mark Hargreaves	PLS N/S	U40M.7	28:03	103	Dave Taylor	Chester Tri	O50M.19	33:06
29	Simon Ellis	Tattenhall Runners	O40M.10	28:09	104	Peter Elliott	Pensby Runners	O40M.41	33:09
30	Colin Palmer	Wallasey	O40M.11	28:10	105	Richard Batterham	West Cheshire	O50M.20	33:10
31	Chris Wilson	Wirral	U20M.8	28:13	106	Craig Northover	Liverpool Harriers	U40M.18	33:15
32	Neil Kelly	Penny Lane Striders	U40M.8	28:18	107	Dave Quirk	Pensby Runners	O50M.21	33:19
33	Paul Aird	Deestridders	O50M.3	28:37	108	Adrian Mercer	Pensby Runners	U40M.19	33:28
34	Louis Humphreys	West Cheshire	U20M.9	28:39	109	Mark Roberts	Pensby Runners	O50M.22	33:30
35	Karl Bryers	Wirral	O40M.12	28:41	110	Barry Chambers	Vale Royal	O50M.23	33:39
36	Simon Fox	Wirral	O40M.13	28:53	111	Brian Hastings	West Cheshire	O60M.7	33:48
37	Keith McLaughlin	Wallasey	U40M.9	28:57	112	Michael Kane	Chester Tri	U20M.17	34:09
38	Martin Hirrell	Penny Lane Striders	O40M.14	28:59	113	Pete Weatherhead	Wirral	O50M.24	34:10
39	John Cole	Ellesmere Port	U40M.10	29:05	114	Dave Brunton	Mersey Tri	O40M.42	34:30
40	Phil Bird	Wallasey	O40M.15	29:07	115	Keith Boyle	Penny Lane Striders	U40M.20	34:41
41	Stuart Hill	Sunlight Runners	U40M.11	29:13	116	Iain Arnison	Pensby Runners	U40M.21	34:45
42	Paul Price	West Cheshire	O50M.4	29:22	117	Joe McGlynn	Penny Lane Striders	O50M.25	34:46
43	Nick Johnson	Wallasey	O40M.16	29:29	118	Dave Williams	Wallasey	U30M.4	34:47
44	Frank Martin	Penny Lane Striders	O40M.17	29:31	119	Les Fleetwood	Ellesmere Port	O50M.26	34:59
45	Dave Boothroyd	Buckley	O40M.18	29:36	120	Trevor Fisher	Pensby Runners	U30M.5	35:10
46	Mark Smith	Tattenhall Runners	U40M.12	29:38	121	Graham Howell	Liverpool Harriers	O60M.8	35:21
47	Andrew Blair	Tattenhall Runners	O40M.19	29:40	122	David Shallcross	Wirral	O60M.9	35:22
48	Tony Man	Penny Lane Striders	O40M.20	29:45	123	John Addiman	Wallasey	U20M.18	35:31
49	Huw Lewis	Buckley	O50M.5	29:47	124	Andrew Carragher	Birkenhead	O50M.27	36:22
50	Alan Bevan	West Cheshire	O40M.21	29:54	125	Frank Gower	Wallasey	O50M.28	36:27
51	Luke Proudfoot	Wirral	U20M.10	30:03	126	Ron Harding	Wallasey	O50M.29	36:30
52	Matt Williams	Wallasey	U30M.3	30:05	127	Phil Aldag	Pensby Runners	O50M.30	36:38
53	Richard Perry	Wallasey	U40M.13	30:08	128	Fred Roberts	Pensby Runners	O50M.31	36:44
54	Simon Maskill	Penny Lane Striders	U40M.14	30:09	129	Rolf Westrum	Wallasey	O50M.32	36:45
55	Mark Hughes	Wirral	U20M.11	30:12	130	Jim Edwards	Birkenhead	O50M.33	36:49
56	Toby Kelly	Wirral	U20M.12	30:18	131	Dave Brierley	Chester Tri	O50M.34	37:04
57	Patrik Corrigan	Birkenhead	O40M.22	30:25	132	David Gawne	Wirral	O50M.35	37:07
58	Alan Heath	Deestridders	O40M.23	30:32	133	Patrick Henley	Liverpool Harriers	O60M.10	37:12
59	Nigel Crompton	Pensby Runners	O40M.24	30:35	134	Frank Adlen	Pensby Runners	O50M.36	37:16
60	David Brockway	Wirral	U20M.13	30:36	135	Roy Fisher	Pensby Runners	O50M.37	37:17
61	Not Recorded			30:40	136	Steve Roberts	Pensby Runners	O60M.11	37:23
62	Chris Rhodes	West Cheshire	O50M.6	30:42	137	Steve Hennessey	Picton	O50M.38	37:29
63	Richard Saunders	Wallasey	O40M.25	30:43	138	Mark Smith	Picton	O40M.43	37:30
64	Dave Walton	Wallasey	O50M.7	30:45	139	Pete Edwards	Birkenhead	O50M.39	37:53
65	Andy Rogerson	Wallasey	O40M.26	30:47	140	Sid Molyneux	Picton	O60M.12	38:09
66	Hamsin Hadziabdik	Birkenhead	O40M.27	30:51	141	John Kane	Chester Tri	O50M.40	38:12
67	Ian McNiell	Penny Lane Striders	O50M.8	30:52	142	Ian Chalmers	Pensby Runners	O60M.13	38:44
68	David Costello	Wirral	O50M.9	30:57	143	Dave Peers	Pensby Runners	O50M.41	38:49
69	Alastair Singleton	Pensby Runners	O40M.28	31:02	144	Tony Thackery	West Cheshire	O60M.14	39:13
70	Paul Donoghue	Buckley	O40M.29	31:03	145	Harry Greenwood	Picton	O60M.15	39:15
71	Neil Thomas	Chester Tri	U40M.15	31:07	146	Derek Mason	Chester Tri	U40M.22	41:15
72	Andy Wyganowski	Chester Tri	O40M.30	31:10	147	Anthony Brockway	Wirral	O40M.44	41:19
73	Steve Pemberton	Penny Lane Striders	O50M.10	31:11	148	Dave Owens	Picton	O50M.42	45:38
74	Pete Roberts	Buckley	O60M.1	31:26	149	Norman Grundy	Birkenhead	O60M.16	47:15
75	Michael Brockway	Wirral	U20M.14	31:28					

Ladies Individual Results

1	Chantal Quarless	Liverpool Harriers	U30F.1	28:19	30	Roisin Ward	Picton	U30F.5	36:30
2	Laura Murphy	Liverpool Harriers	U20F.1	28:35	31	Karen Dalby	Liverpool Harriers	O40F.9	36:40
3	Rebecca Hannah	Wirral	U20F.2	29:42	32	Alison Engle	Wallasey	U40F.16	36:46
4	Alison Hughes	Ellesmere Port	U40F.6	30:38	33	Susan Ellis	Tattenhall Runners	O40F.10	36:55
5	Michelle Murphy	Liverpool Harriers	O40F.1	30:52	34	Alice Spooner	Penny Lane Striders	U40F.17	36:56
6	Katie Duckers	Wirral	U20F.3	31:07	35	Nikki Davis	Wallasey	O50F.1	37:05
7	Sophie Hunt	Wirral	U20F.4	31:09	36	Sandra Connell	Picton	O50F.2	37:10
8	Ruth Isaacs	Pensby Runners	O40F.2	31:14	37	Helene Gilmour	Wirral	U40F.18	37:48
9	Pam Thurtle	Penny Lane Striders	U40F.7	32:01	38	Jane Fraser	Wirral	O50F.3	37:49
10	Kim McEneaney	Wallasey	U30F.2	32:03	39	Michelle Kelly	Penny Lane Striders	O50F.4	37:58
11	Alison Smith	Tattenhall Runners	U40F.8	32:10	40	Maria Brockway	Wirral	O40F.11	38:37
12	Ally Lewis	Mersey Tri	U40F.9	32:19	41	Sharon Basford	Tattenhall Runners	U40F.19	38:56
13	Maria Conaghan	Penny Lane Striders	U40F.10	32:38	42	Lucy Lyons	Picton	U40F.20	38:57
14	Sally Holt	Wallasey	U40F.11	32:47	43	Debbie Hadfield	Picton	O40F.12	39:11
15	Jess Schofield	Wirral	U20F.5	32:56	44	Betty Grieve	Helsby	O40F.13	39:29
16	Pat Peers	Pensby Runners	O40F.3	33:25	45	Julie Barbat	Wallasey	O40F.14	39:42
17	Alison MacDonald	Ellesmere Port	O40F.4	33:29	46	Sue Ridings	Buckley	O50F.5	40:12
18	Kate Litherland	Chester Tri	U40F.12	33:35	47	Lyn Ebbrell	Wirral	O40F.15	40:23
19	Sharon Lamont	Wallasey	O40F.5	33:52	48	Kate Lewis	Picton	O40F.16	40:52
20	Kath Stott	Tattenhall Runners	O40F.6	34:15	49	Sue Davies	Pensby Runners	O40F.17	41:05
21	Sara Atkinson	Tattenhall Runners	O40F.7	34:15	50	Polly Hadziabdik	Birkenhead	O40F.18	41:37
22	Nikki Watson	Chester Tri	U40F.13	34:19	51	Paula Smith	Wirral	U40F.21	41:49
23	Rachel Patterson	Wirral	U20F.6	35:26	52	Janet Shaw	Helsby	O50F.6	42:12
24	Holly Riley	Birkenhead	U20F.7	35:36	53	Margaret McNeillis	Wallasey	O40F.19	42:25
25	Grace Neal	Sunlight Runners	U30F.3	35:39	54	Catherine Lancaster	Pensby Runners	O40F.20	43:54
26	Charlotte Wilson	Liverpool Harriers	U30F.4	35:53	55	Sharon Langton	Picton	O40F.21	44:26
27	Caroline Hall	Sunlight Runners	U40F.14	36:09	56	Dot Jackson	Picton	O50F.7	45:02
28	Tarja Kinnunen	Penny Lane Striders	O40F.8	36:11	57	Maria Haigh	Birkenhead	O40F.22	47:08
29	Sacha Kendall-Woods	West Cheshire	U40F.15	36:26	dnf	Ellie Wood	Pensby Runners	U40F	

Mens Team Results

1	Wirral 'A'	(2, 3, 4, 5, 7)	21
2	Wirral 'B'	(8, 10, 14, 16, 17)	65
3	Wallasey 'A'	(12, 15, 21, 25, 26)	99
4	Ellesmere Port 'A'	(1, 9, 18, 39, 92)	159
5	Wirral 'C'	(27, 31, 35, 36, 51)	180
6	Penny Lane Striders 'A'	(24, 32, 38, 44, 48)	186
7	Wallasey 'B'	(30, 37, 40, 43, 52)	202
8	West Cheshire 'A'	(20, 34, 42, 50, 62)	208
9	Tattenhall Runners 'A'	(19, 29, 46, 47, 86)	227
10	Chester Tri 'A'	(13, 22, 71, 72, 103)	281
11	Wirral 'D'	(55, 56, 60, 68, 75)	314
12	Wallasey 'C'	(53, 63, 64, 65, 77)	322
13	Buckley 'A'	(45, 49, 70, 74, 97)	335
14	Penny Lane Striders 'B'	(54, 67, 73, 79, 83)	356
15	Pensby Runners 'A'	(59, 69, 78, 98, 100)	404
16	Birkenhead 'A'	(57, 66, 91, 93, 101)	408
17	Wallasey 'D'	(81, 82, 84, 88, 90)	425
18	Liverpool RC 'A'	(6, 11, [3x159])	494
19	Wirral 'E'	(80, 87, 102, 113, 122)	504
20	Pensby Runners 'B'	(104, 107, 108, 109, 116)	544
21	Deestriders 'A'	(33, 58, [3x159])	568
22	Wallasey 'E'	(96, 118, 123, 125, 126)	588
23	PLS N/S 'A'	(28, 85, [3x159])	590
24	West Cheshire 'B'	(89, 105, 111, 144)	608
25	Pensby Runners 'C'	(120, 127, 128, 134, 135)	644
26	Tattenhall Runners 'B'	(94, 95, [3x159])	666
27	Sunlight Runners 'A'	(41, [4x159])	677
28	Liverpool Harriers 'A'	(106, 121, 133, [2x159])	678
29	Chester Tri 'B'	(112, 131, 141, 146, [159])	689
30	Birkenhead 'B'	(124, 130, 139, 149, [3x159])	701
31	Picton 'A'	(137, 138, 140, 145, 148)	708
32	Penny Lane Striders 'C'	(115, 117, [3x159])	709
33	Shropshire Shufflers 'A'	(76, [4x159])	712
34	Helsby 'A'	(99, [3x159])	735
35	Pensby Runners 'D'	(136, 142, 143, [2x159])	739
36	Vale Royal 'A'	(110, [4x159])	746
37	Mersey Tri 'A'	(114, [4x159])	750
38	Ellesmere Port 'B'	(119, [4x159])	755
39	Wirral 'F'	(132, 147, [3x159])	756
40	Wallasey 'F'	(129, [4x159])	765

Ladies Team Results

1	Liverpool Harriers 'A'	(1, 2, 5)	8
2	Wirral 'A'	(3, 6, 7)	16
3	Wallasey 'A'	(10, 14, 19)	43
4	Penny Lane Striders 'A'	(9, 13, 28)	50
5	Tattenhall Runners 'A'	(11, 20, 21)	52
6	Pensby Runners 'A'	(8, 16, 49)	73
7	Wirral 'B'	(15, 23, 37)	75
8	Ellesmere Port 'A'	(4, 17, [67])	88
9	Chester Tri 'A'	(18, 22, [67])	107
10	Picton 'A'	(30, 36, 42)	108
11	Wallasey 'B'	(32, 35, 45)	112
12	Sunlight Runners 'A'	(25, 27, [67])	119
13	Liverpool Harriers 'B'	(26, 31, [67])	124
14	Wirral 'C'	(38, 40, 47)	125
15	Birkenhead 'A'	(24, 50, 57)	131
16	Penny Lane Striders 'B'	(34, 39, [67])	140
17	Tattenhall Runners 'B'	(33, 41, [67])	141
18	Mersey Tri 'A'	(12, [2x67])	146
19	Picton 'B'	(43, 48, 55)	146
20	Helsby 'A'	(44, 52, [67])	163
21	West Cheshire 'A'	(29, [2x67])	163
22	Buckley 'A'	(46, [2x67])	180
23	Wirral 'D'	(51, [2x67])	185
24	Wallasey 'C'	(53, [2x67])	187
25	Pensby Runners 'B'	(54, [2x67])	188
26	Picton 'C'	(56, [2x67])	190

Young Athletes Results

Boys					Girls				
Position	Name	Club	Age	Time	Position	Name	Club	Age	Time
1	Nick Jones	Wirral	14	15:29	1	Lauren Brett	Wirral	13	19:15
2	Richard Evans	Wirral	13	17:30	2	Fiona Stewart	Wirral	12	21:11
3	Liam Gawne	Wirral	13	17:41	3	Sydney Isaacs	Wirral	12	21:22
4	Connor Flanagan	Wirral	14	17:58	4	Emily Atkins	Wirral	14	23:12
5	Niall Murphy	Mersey Tri	13	19:54	5	Megan Evans	Wirral	11	23:44
6	Nathan Schofield	Wirral	13	20:02					
7	Thomas Robertson	Wirral	13	20:16					
8	Spencer Roe-Ely	Wirral	13	20:40					

Current Positions

Young Athletes - Boys

Pos	Name	Club	Age	Race 1	Race 2	Total (best of 3)
1	Richard Evans	Wirral	13	25	24	49
2	Connor Flanagan	Wirral	14	23	22	45
3	Niall Murphy	Mersey Tri	13	19	21	40
4	Thomas Robertson	Wirral	13	20	19	39
5	Nick Jones	Wirral	14	dnr	25	25
6	Niall Flanagan	Wirral	12	24	dnr	24
7	Liam Gawne	Wirral	13	dnr	23	23
8	Charlie Quinn	Wirral	12	22	dnr	22
9	Sean Boswell	Wirral	12	21	dnr	21
10	Nathan Schofield	Wirral	13	dnr	20	20
11	Spencer Roe-Ely	Wirral	13	dnr	18	18

Men Under 20

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	John-Philip Seymour	Wirral	25	24	49
2	Phil Robertson	Wirral	24	22	46
3	Louis Humphreys	West Cheshire	22	17	39
4	Luke Proudfoot	Wirral	21	16	37
5	Toby Kelly	Wirral	19	14	33
6	David Brockway	Wirral	18	13	31
7	Michael Brockway	Wirral	17	12	29
8	Andrew Cabot	Wirral	16	10	26
9	Chris Cooper	Wirral	dnr	25	25
10	Michael Kane	Chester Tri	15	9	24
11	Tim Gordon	Wirral	23	dnr	23
11	Shaun Egan	Wirral	dnr	23	23
13	Ben Costello	Wirral	dnr	21	21
14	Ross Maxwell	Wirral	20	dnr	20
14	Andrew Gawne	Wirral	dnr	20	20
16	Connor McArdle	Wallasey	dnr	19	19
17	Chris Wilson	Wirral	dnr	18	18
18	Mark Hughes	Wirral	dnr	15	15
19	Tim Graham	Wallasey	dnr	11	11
20	John Addiman	Wallasey	dnr	8	8

Men Under 30

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Greg Jones	Wallasey	25	25	50
2	Matt Williams	Wallasey	23	23	46
3	Dave Williams	Wallasey	21	22	43
4	Trevor Fisher	Pensby Runners	20	21	41
5	Will Ferguson	Wirral	24	dnr	24
5	Phil Walton	Wallasey	dnr	24	24
7	Alistair McAuliffe	Tattenhall Runners	22	dnr	22

Men Under 40

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Steve Crowe	Ellesmere Port	25	25	50
2	Kelvin Dickinson	Wirral	23	23	46
3	Jamie Pullen	Wallasey	22	22	44
4	Mark Hargreaves	PLS N/S	20	19	39
5	Neil Kelly	Penny Lane Striders	19	18	37
6	John Cole	Ellesmere Port	17	16	33
7	Keith McLaughlin	Wallasey	15	17	32
8	Stuart Hill	Sunlight Runners	16	15	31
9	Mark Smith	Tattenhall Runners	14	14	28
10	Peter Taylor	Tattenhall Runners	24	dnr	24
10	Mark Hulmston	Wirral	dnr	24	24
12	Richard Perry	Wallasey	10	13	23
13	Richard Farrar	Wirral	dnr	21	21
13	David Buse	Penny Lane Striders	21	dnr	21
15	John Connolly	Penny Lane Striders	dnr	20	20
16	Phil Cuthbert	Wallasey	18	dnr	18
16	Matt Webb	Wirral	8	10	18
18	Craig Northover	Liverpool Harriers	7	8	15
19	Dave Quinn	Liverpool Harriers	13	dnr	13
19	Adrian Mercer	Pensby Runners	6	7	13
21	Simon Maskill	Penny Lane Striders	dnr	12	12
21	Gary Thornton-Allen	Pensby Runners	12	dnr	12
23	Neil Thomas	Chester Tri	dnr	11	11
23	Julian Clarke	West Cheshire	11	dnr	11
25	Peter Hampshire	Pensby Runners	dnr	9	9
25	Mark Baker	Sunlight Runners	9	dnr	9
25	Iain Arnison	Pensby Runners	4	5	9
28	Keith Boyle	Penny Lane Striders	dnr	6	6
28	Derek Mason	Chester Tri	2	4	6
30	Andrew Mitchell	Sunlight Runners	5	dnr	5
31	Ian Jackson	Pensby Runners	3	dnr	3

Men Over 40

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	John Hunt	Wirral	25	25	50
2	Ian Magill	Liverpool RC	21	24	45
3	Paul Quine	Liverpool RC	22	22	44
4	Andrew Clague	West Cheshire	23	19	42
5	Denis Duret	Ellesmere Port	20	20	40
6	Tony Barbat	Wallasey	17	18	35
7	Simon Ellis	Tattenhall Runners	18	16	34
8	Karl Bryers	Wirral	15	14	29
8	Simon Fox	Wirral	16	13	29
10	Martin Hirrell	Penny Lane Striders	13	12	25
11	Kenny Begley	Chester Tri	24	dnr	24
12	Phil Bird	Wallasey	12	11	23
12	Ian Cooper	Ellesmere Port	dnr	23	23
14	Richard Webster	Chester Tri	dnr	21	21
15	Myles Robertson	Wirral	19	dnr	19
16	Frank Martin	Penny Lane Striders	9	9	18
16	Andrew Blair	Tattenhall Runners	11	7	18
18	Graham Jenkins	Chester Tri	dnr	17	17
19	Colin Palmer	Wallasey	dnr	15	15
20	Neil Johnson	Mersey Tri	14	dnr	14
21	Alan Heath	Deestridders	8	3	11
22	Alastair Singleton	Pensby Runners	10	dns	10
22	Nick Johnson	Wallasey	dnr	10	10
24	Patrik Corrigan	Birkenhead	5	4	9
25	Dave Boothroyd	Buckley	dnr	8	8
26	Ste McNicholas	Penny Lane Striders	7	dnr	7
27	Tony Man	Penny Lane Striders	dnr	6	6
27	Steve Riley	Helsby	6	dnr	6
29	Alan Bevan	West Cheshire	dnr	5	5
30	Hamsin Hadziabdik	Birkenhead	4	dns	4
31	Andy Smith	Pensby Runners	3	dns	3
32	Nigel Crompton	Pensby Runners	dns	2	2
32	Andy Maire	Mersey Tri	2	dnr	2
34	Steven Gordon	Wirral	1	dnr	1
34	Richard Saunders	Wallasey	dnr	1	1

Men Over 50

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Ian Lancaster	Tattenhall Runners	24	25	49
2	Paul Aird	Deestridders	23	23	46
3	Huw Lewis	Buckley	22	21	43
4	Paul Price	West Cheshire	17	22	39
5	Dave Walton	Wallasey	18	19	37
6	Ian McNiell	Penny Lane Striders	16	18	34
6	Chris Rhodes	West Cheshire	14	20	34
8	David Costello	Wirral	11	17	28
9	Graeme Earlam	Ellesmere Port	25	dnr	25
10	Tony McDevitt	Wirral	dnr	24	24
11	Mike Stone	Wirral	21	dnr	21
12	Paul Miller	Tattenhall Runners	20	dnr	20
13	Steve Hammond	Tattenhall Runners	19	dnr	19
14	John Keyworth	Pensby Runners	9	9	18
14	Geoff Shaw	Helsby	8	10	18
14	Steve Pemberton	Penny Lane Striders	2	16	18
14	Mike Griffiths	Wallasey	5	13	18
18	Pete Weatherhead	Wirral	13	2	15
18	Barry Bright	Penny Lane Striders	dnr	15	15
18	Gordon Reed	Penny Lane Striders	15	dnr	15
21	Dave Taylor	Chester Tri	7	7	14
21	Tony Devoy	Wirral	dnr	14	14
23	Andy Waring	Birkenhead	4	8	12
23	Richard Batterham	West Cheshire	6	6	12
23	Martin Durrant	Tattenhall Runners	dnr	12	12
23	David Oldfield	Tattenhall Runners	12	dnr	12
27	Dave McAlister	Wallasey	dns	11	11
28	Matt Whitfield	Ellesmere Port	10	dnr	10
29	Mark Roberts	Pensby Runners	3	4	7
30	Dave Quirk	Pensby Runners	dnr	5	5
31	Barry Chambers	Vale Royal	dnr	3	3
32	Joe McGlynn	Penny Lane Striders	dns	1	1
32	Chris Morgan	Chester Tri	1	dnr	1

Men Over 60

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Pete Roberts	Buckley	25	25		50
2	Stan Williams	Wallasey	23	23		46
3	Tim Warn	Penny Lane Striders	22	22		44
4	Billy Hargreaves	PLS N/S	21	21		42
5	John Morris	Buckley	20	20		40
6	Brian Hastings	West Cheshire	19	19		38
7	Graham Howell	Liverpool Harriers	13	18		31
8	Patrick Henley	Liverpool Harriers	14	16		30
9	Sid Molyneux	Picton	12	14		26
10	Colin Williamson	Shropshire Shufflers	dnr	24		24
10	Michael Whiteside	Tattenhall Runners	24	dnr		24
12	Ian Chalmers	Pensby Runners	10	13		23
13	Tony Thackery	West Cheshire	9	12		21
14	Harry Greenwood	Picton	8	11		19
15	Nigel Pratten	Wirral	18	dnr		18
16	David Shallcross	Wirral	dnr	17		17
16	Dave Hough	West Cheshire	17	dnr		17
18	Alan Kirkham	Mersey Tri	16	dnr		16
19	Steve Roberts	Pensby Runners	dnr	15		15
19	Bill Swift	Pensby Runners	15	dnr		15
21	Peter Chee	Pensby Runners	11	dnr		11
22	Norman Grundy	Birkenhead	dnr	10		10

Overall Mens Position

Pos	Name	Club	Cat	Race 1	Race 2	Total (best of 3)
1	Steve Crowe	Ellesmere Port	U40M	25	25	50
2	John Hunt	Wirral	O40M	24	23	47
3	John-Philip Seymour	Wirral	U20M	22	22	44
4	Phil Robertson	Wirral	U20M	21	18	39
5	Ian Magill	Liverpool RC	O40M	16	20	36
6	Paul Quine	Liverpool RC	O40M	17	15	32
7	Kelvin Dickinson	Wirral	U40M	19	12	31
8	Greg Jones	Wallasey	U30M	15	14	29
9	Jamie Pullen	Wallasey	U40M	13	11	24
9	Andrew Clague	West Cheshire	O40M	18	6	24
9	Chris Cooper	Wirral	U20M	dnr	24	24
12	Kenny Begley	Chester Tri	O40M	23	dnr	23
13	Denis Duret	Ellesmere Port	O40M	14	8	22
14	Shaun Egan	Wirral	U20M	dnr	21	21
15	Peter Taylor	Tattenhall Runners	U40M	20	dnr	20
16	Mark Hulmston	Wirral	U40M	dnr	19	19
17	Ian Cooper	Ellesmere Port	O40M	dnr	17	17
18	Ben Costello	Wirral	U20M	dnr	16	16
19	Ian Lancaster	Tattenhall Runners	O50M	8	7	15
20	Richard Webster	Chester Tri	O40M	dnr	13	13
21	David Buse	Penny Lane Striders	U40M	12	dnr	12
21	Tony Barbat	Wallasey	O40M	7	5	12
23	Myles Robertson	Wirral	O40M	11	dnr	11
24	Simon Ellis	Tattenhall Runners	O40M	10	dns	10
24	Richard Farrar	Wirral	U40M	dnr	10	10
26	Graeme Earlam	Ellesmere Port	O50M	9	dnr	9
26	Andrew Gawne	Wirral	U20M	dnr	9	9
28	Mark Hargreaves	PLS N/S	U40M	6	dns	6
29	Simon Fox	Wirral	O40M	5	dns	5
30	Graham Jenkins	Chester Tri	O40M	dnr	4	4
30	Neil Kelly	Penny Lane Striders	U40M	4	dns	4
32	Karl Bryers	Wirral	O40M	3	dns	3
33	John Connolly	Penny Lane Striders	U40M	dnr	2	2
33	Tim Gordon	Wirral	U20M	2	dnr	2
35	Phil Walton	Wallasey	U30M	dnr	1	1
35	Phil Cuthbert	Wallasey	U40M	1	dnr	1

(Best 3 out of 4 Races count; dns = non-scorer; dnr = did not run; dnf = did not finish)

(Scoring for each age group is 25 for 1st, 24 for 2nd, 23 for 3rd, etc down to 1 to 25th)

Overall Mens Team Position

Pos	Club	Race 1	Race 2	Total
1	Wirral 'A'	33	21	54
2	Wirral 'B'	133	65	198
2	Wallasey 'A'	99	99	198
4	Ellesmere Port 'A'	134	159	293
5	Tattenhall Runners 'A'	118	227	345
6	Penny Lane Striders 'A'	177	186	363
7	West Cheshire 'A'	191	208	399
8	Wallasey 'B'	258	202	460
9	Wirral 'C'	282	180	462
10	Chester Tri 'A'	387	281	668
11	Pensby Runners 'A'	297	404	701
12	Wirral 'D'	398	314	712
13	Penny Lane Striders 'B'	403	356	759
14	Birkenhead 'A'	384	408	792
15	Wallasey 'C'	482	322	804
16	Buckley 'A'	479	335	814
17	Tattenhall Runners 'B'	302	666	968
18	Liverpool RC 'A'	493	494	987
19	Pensby Runners 'B'	536	544	1080
20	West Cheshire 'B'	480	608	1088
21	Wallasey 'D'	684	425	1109
22	Deestriders 'A'	552	568	1120
23	Wirral 'E'	649	504	1153
24	PLS N/S 'A'	571	590	1161
25	Sunlight Runners 'A'	519	677	1196
26	Mersey Tri 'A'	469	750	1219
27	Liverpool Harriers 'A'	543	678	1221
28	Pensby Runners 'C'	622	644	1266
29	Helsby 'A'	617	735	1352
30	Wallasey 'E'	790	588	1378
31	Picton 'A'	677	708	1385
32	Ellesmere Port 'B'	649	755	1404
33	Chester Tri 'B'	732	689	1421
34	Birkenhead 'B'	729	701	1430
35	Pensby Runners 'D'	696	739	1435
36	Penny Lane Striders 'C'	755	709	1464
37	Tattenhall Runners 'C'	686	795	1481
38	Shropshire Shufflers 'A'	790	712	1502
39	Northern Vets 'A'	710	795	1505
40	West Cheshire 'C'	736	795	1531
41	Vale Royal 'A'	790	746	1536
42	Wirral 'F'	790	756	1546
43	Wallasey 'F'	790	765	1555
	No Team Score	790	795	1585

Young Athletes - Girls

Pos	Name	Club	Age	Race 1	Race 2	Total (best of 3)
1	Sydney Isaacs	Wirral	12	23	23	46
2	Anna Gordon	Wirral	13	25	dnr	25
2	Lauren Brett	Wirral	13	dnr	25	25
4	Miriam Gordon	Wirral	12	24	dnr	24
4	Fiona Stewart	Wirral	12	dnr	24	24
6	Emily Atkins	Wirral	14	dnr	22	22
7	Megan Evans	Wirral	11	dnr	21	21

Ladies Under 20

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Laura Murphy	Liverpool Harriers	25	25	50
2	Rebecca Hannah	Wirral	24	24	48
3	Katie Duckers	Wirral	22	23	45
4	Sophie Hunt	Wirral	21	22	43
5	Jess Schofield	Wirral	20	21	41
6	Holly Riley	Birkenhead	18	19	37
7	Clare Murphy	Liverpool Harriers	23	dnr	23
8	Rachel Patterson	Wirral	dnr	20	20
9	Hannah Wilson	Wallasey	19	dnr	19

Ladies Under 30

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Chantal Quarless	Liverpool Harriers	25	25	50
2	Kim McEneaney	Wallasey	24	24	48
3	Roisin Ward	Picton	22	21	43
4	Grace Neal	Sunlight Runners	dnr	23	23
4	Rebecca Hollant	Chester Tri	23	dnr	23
6	Charlotte Wilson	Liverpool Harriers	dnr	22	22

Ladies Under 40

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Alison Hughes	Ellesmere Port	24	25	49
2	Pam Thurtle	Penny Lane Striders	21	24	45
2	Alison Smith	Tattenhall Runners	22	23	45
4	Maria Conaghan	Penny Lane Striders	23	21	44
5	Ally Lewis	Mersey Tri	20	22	42
6	Sally Holt	Wallasey	19	20	39
7	Kate Litherland	Chester Tri	18	19	37
8	Nikki Watson	Chester Tri	16	18	34
9	Caroline Hall	Sunlight Runners	14	17	31
10	Alison Engle	Wallasey	15	15	30
11	Sacha Kendall-Woods	West Cheshire	12	16	28
12	Elizabeth Renondeau	Tattenhall Runners	25	dnr	25
13	Lucy Lyons	Picton	9	11	20
14	Sharon Basford	Tattenhall Runners	7	12	19
15	Ellie Wood	Pensby Runners	17	dnr	17
16	Paula Smith	Wirral	6	10	16
17	Alice Spooner	Penny Lane Striders	dnr	14	14
18	Jennifer Chambers	Tattenhall Runners	13	dnr	13
18	Helene Gilmour	Wirral	dnr	13	13
20	Liz Astbury	Pensby Runners	11	dnr	11
21	Lisa Carney	Wallasey	10	dnr	10
22	Catherine Jones	Tattenhall Runners	8	dnr	8
23	Kim Mason	Chester Tri	5	dnr	5

Ladies Over 40

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Michelle Murphy	Liverpool Harriers	24	25	49
1	Ruth Isaacs	Pensby Runners	25	24	49
3	Alison MacDonald	Ellesmere Port	23	22	45
4	Kath Stott	Tattenhall Runners	22	20	42
4	Sharon Lamont	Wallasey	21	21	42
6	Tarja Kinnunen	Penny Lane Striders	18	18	36
7	Susan Ellis	Tattenhall Runners	16	16	32
8	Betty Grieve	Helsby	13	13	26
8	Maria Brockway	Wirral	11	15	26
10	Pat Peers	Pensby Runners	dnr	23	23
11	Kate Lewis	Picton	10	10	20
11	Lyn Ebbrell	Wirral	9	11	20
11	Vanessa Griffiths	Helsby	20	dnr	20
14	Sara Atkinson	Tattenhall Runners	dnr	19	19
14	Jane Hindle	Pensby Runners	19	dnr	19
16	Karen Dalby	Liverpool Harriers	dnr	17	17
16	Susan Maire	Mersey Tri	17	dnr	17
18	Sue Davies	Pensby Runners	7	9	16
19	Carol Shaw	Helsby	15	dnr	15
20	Debbie Hadfield	Picton	dnr	14	14

Ladies Over 40 (cont)

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
20	Janette Wilson	Sunlight Runners	14	dnr	14
22	Polly Hadziabdik	Birkenhead	5	8	13
23	Catherine Lancaster	Pensby Runners	6	6	12
23	Karen Birchall	Mersey Tri	12	dnr	12
23	Julie Barbat	Wallasey	dnr	12	12
26	Margaret McNeillis	Wallasey	4	7	11
27	Denise Brunton	Mersey Tri	8	dnr	8
28	Maria Haigh	Birkenhead	2	4	6
29	Sharon Langton	Picton	dnr	5	5
30	Emma McNamara	Mersey Tri	3	dnr	3

Ladies Over 50

Pos	Name	Club	Race 1	Race 2	Total (best of 3)
1	Nikki Davis	Wallasey	23	25	48
2	Sue Ridings	Buckley	22	21	43
3	Janet Shaw	Helsby	17	20	37
4	Tricia Jones	Wallasey	25	dnr	25
5	Sandra Connell	Picton	dnr	24	24
5	Maureen Muir	Pensby Runners	24	dnr	24
7	Jane Fraser	Wirral	dnr	23	23
8	Michelle Kelly	Penny Lane Striders	dnr	22	22
9	Jeanette Grimes	Picton	21	dnr	21
10	Valerie Ball	Helsby	20	dnr	20
11	Dot Jackson	Picton	dnr	19	19
11	Liz Kirkham	Mersey Tri	19	dnr	19
13	Lesley Cummings	Pensby Runners	18	dnr	18

Ladies Over 60

Pos	Name	Club	Race 1	Race 2	Race 3	Total (best of 3)
1	Jenny Chee	Pensby Runners	25	dnr		25

**(Best 3 out of 4 Races count; dns = non-scorer; dnr = did not run; dnf = did not finish)
(Scoring for each age group is 25 for 1st, 24 for 2nd, 23 for 3rd, etc down to 1 to 25th)**

Overall Ladies Position

Pos	Name	Club	Cat	Race 1	Race 2	Total (best of 3)
1	Chantal Quarless	Liverpool Harriers	U30F	25	25	50
2	Laura Murphy	Liverpool Harriers	U20F	24	24	48
3	Rebecca Hannah	Wirral	U20F	23	23	46
4	Alison Hughes	Ellesmere Port	U40F	18	22	40
4	Katie Duckers	Wirral	U20F	20	20	40
6	Michelle Murphy	Liverpool Harriers	O40F	17	21	38
7	Ruth Isaacs	Pensby Runners	O40F	19	18	37
8	Sophie Hunt	Wirral	U20F	16	19	35
9	Pam Thurtle	Penny Lane Striders	U40F	12	17	29
9	Alison Smith	Tattenhall Runners	U40F	14	15	29
9	Kim McEneaney	Wallasey	U30F	13	16	29
12	Maria Conaghan	Penny Lane Striders	U40F	15	13	28
13	Ally Lewis	Mersey Tri	U40F	11	14	25
14	Elizabeth Renondeau	Tattenhall Runners	U40F	22	dnr	22
15	Clare Murphy	Liverpool Harriers	U20F	21	dnr	21
15	Sally Holt	Wallasey	U40F	9	12	21
17	Kate Litherland	Chester Tri	U40F	8	8	16
17	Alison MacDonald	Ellesmere Port	O40F	7	9	16
19	Jess Schofield	Wirral	U20F	4	11	15
20	Kath Stott	Tattenhall Runners	O40F	6	6	12
21	Pat Peers	Pensby Runners	O40F	dnr	10	10
21	Tricia Jones	Wallasey	O50F	10	dnr	10
21	Sharon Lamont	Wallasey	O40F	3	7	10
24	Ellie Wood	Pensby Runners	U40F	5	dnr	5
24	Sara Atkinson	Tattenhall Runners	O40F	dnr	5	5
26	Nikki Watson	Chester Tri	U40F	dns	4	4
27	Rachel Patterson	Wirral	U20F	dnr	3	3
28	Holly Riley	Birkenhead	U20F	dns	2	2
28	Vanessa Griffiths	Helsby	O40F	2	dnr	2
30	Grace Neal	Sunlight Runners	U30F	dnr	1	1
30	Hannah Wilson	Wallasey	U20F	1	dnr	1

Overall Ladies Team Position

Pos	Club	Race 1	Race 2	Total
1	Liverpool Harriers 'A'	8	8	16
2	Wirral 'A'	19	16	35
3	Tattenhall Runners 'A'	36	52	88
4	Wallasey 'A'	46	43	89
5	Penny Lane Striders 'A'	54	50	104
6	Pensby Runners 'A'	54	73	127
7	Chester Tri 'A'	81	107	188
8	Wallasey 'B'	78	112	190
9	Ellesmere Port 'A'	104	88	192
10	Wirral 'B'	126	75	201
11	Picton 'A'	127	108	235
12	Mersey Tri 'A'	96	146	242
13	Tattenhall Runners 'B'	113	141	254
14	Sunlight Runners 'A'	156	119	275
15	Helsby 'A'	114	163	277
16	Liverpool Harriers 'B'	163	124	287
17	Birkenhead 'A'	166	131	297
18	Pensby Runners 'B'	124	188	312
19	Wallasey 'C'	146	187	333
20	Wirral 'C'	215	125	340
21	West Cheshire 'A'	189	163	352
21	Picton 'B'	206	146	352
23	Penny Lane Striders 'B'	231	140	371
24	Buckley 'A'	196	180	376
24	Mersey Tri 'B'	175	201	376
26	Pensby Runners 'C'	177	201	378
27	Helsby 'B'	196	201	397
28	Tattenhall Runners 'C'	202	201	403
29	Wirral 'D'	231	185	416
30	Chester Tri 'B'	220	201	421
30	Picton 'C'	231	190	421
	No Team Score	231	201	432