

North West XC League Race 3 – Arrowe Park (4.6 Miles) – 2 December 2007

Mens

1	Graham Houghton	Spectrum Striders	SM	46	Peter Summers	Skelmersdale BH	V40
2	Ian Magill	Liverpool RC	SM	47	Richard Aldridge	Spectrum Striders	SM
3	Paul Sankey	Liverpool RC	SM	48	Paul Kay	Spectrum Striders	V50
4	Chris Pedder	Newburgh Nomads	V50	49	Tony Lawlor	Roby Runners	V40
5	John Farrell	Penny Lane Striders	SM	50	Fred Duenbier	Newburgh Nomads	V50
6	Paul Schumann	Roby Runners	V40	51	Alastair Singleton	Birkenhead & Pensby	V40
7	Albert De-Jong	Spectrum Striders	SM	52	Andy Waring	Birkenhead & Pensby	V50
8	Mike Houghton	Spectrum Striders	SM	53	Paul Marlow	Liverpool RC	V40
9	John Crook	Skelmersdale BH	V40	54	Andy Smith	Helsby RC	V40
10	Ian Palin	Liverpool RC	SM	55	Sean McCann	Warrington RR	V50
11	Dave Edwards	Liverpool RC	V40	56	Tim Warn	Penny Lane Striders	V50
12	Colin Martin	Spectrum Striders	V40	57	Steve Mccullough	Liverpool RC	V40
13	Mark Jacques	Liverpool RC	V40	58	Paul Riley	Penny Lane Striders	
14	Neil Kelly	Penny Lane Striders	SM	59	Neville Griffiths	Spectrum Striders	V60
15	Dave Miles	Newburgh Nomads	V40	60	Brian Kennedy	Newburgh Nomads	V50
16	Tim Court	Newburgh Nomads	V40	61	Steve Pemberton	Penny Lane Striders	V50
17	Dave Ralphs	Newburgh Nomads	V40	62	Not Recorded		
18	Julian Spencer	Spectrum Striders	V40	63	Nigel Crompton	Birkenhead & Pensby	V40
19	Adair Broughton	Helsby RC	SM	64	Larry Crawley	Warrington RR	V50
20	Frank Martin	Penny Lane Striders	V40	65	Richard Hoe	Warrington RR	SM
21	Ian Harris	Spectrum Striders	SM	66	John Houghton	Warrington RR	V40
22	Andy Collins	Warrington RR	SM	67	Ian Barwise	Warrington RR	V50
23	Mike Welsby	Spectrum Striders	SM	68	John Kelly	Penny Lane Striders	V40
24	John Thompson	Skelmersdale BH	SM	69	Vinny Cranny	Liverpool RC	V40
25	Tony Jackson	Newburgh Nomads	V40	70	Charlie Stanway	Penny Lane Striders	V50
26	Dave Reynolds	Newburgh Nomads	V40	71	Andy Smith	Birkenhead & Pensby	V40
27	Andy Webster Jnr	Roby Runners	SM	72	Tony Man	Penny Lane Striders	V40
28	Simone Capponi	Penny Lane Striders	SM	73	Andy Webster	Roby Runners	V40
29	Andy Rogerson	Birkenhead & Pensby	V40	74	Steve Robinson	Roby Runners	V40
30	Tim Murphy	Spectrum Striders	V40	75	Ian Hilditch	Helsby RC	V60
31	Andy Collen	Warrington RR	SM	76	Dave Griffiths	Birkenhead & Pensby	SM
32	Mal Balmer	Penny Lane Striders	V40	77	Richard Tomkinson	Birkenhead & Pensby	V60
33	Ian Doyle	Skelmersdale BH	SM	78	Not Recorded		
34	Steve Clayton	Liverpool RC	V40	79	Tony Hargreaves	Penny Lane Striders	V50
35	Mike Hughes	Birkenhead & Pensby	V40	80	Matt Cochrane	Newburgh Nomads	V50
36	Jim Dawson	Warrington RR	V40	81	Mick Charman	Helsby RC	V50
37	Billy Merritt	Liverpool RC	V40	82	Kit Whitfield	Spectrum Striders	V40
38	Patrik Corrigan	Birkenhead & Pensby	V40	83	Jamie Stanton	Liverpool RC	SM
39	Robbie Burke	Liverpool RC	V40	84	Ken Black	Spectrum Striders	V60
40	Paul Stupples	Newburgh Nomads	V40	85	Fred Mottram	Birkenhead & Pensby	V70
41	Gordon Scholefield	Birkenhead & Pensby	V50	86	Kevin O'Brian	Penny Lane Striders	V60
42	Tony Bell	Spectrum Striders	V40				
43	Joe McGlynn	Penny Lane Striders	V50				
44	Dave Gallimore	Warrington RR	SM				
45	Graham Randfield	Penny Lane Striders	SM				

Ladies

1	Liz Farhall	Spectrum Striders	SL	16	Jackie Chen	Penny Lane Striders	FV40
2	Natalie Palin	Liverpool RC	SL	17	Rachel Lambert	Helsby RC	SL
3	Pam Thurtle	Penny Lane Striders	SL	18	Gen Williams	Penny Lane Striders	FV50
4	Ruth Harkness	Birkenhead & Pensby	SL	19	Natalie Cooper	Penny Lane Striders	SL
5	Karon Forster	Spectrum Striders	FV40	20	Sue Burke	Liverpool RC	FV40
6	Debra Campbell	Skelmersdale BH	SL	21	Becky Cheers	Liverpool RC	SL
7	Justine Reston	Birkenhead & Pensby	FV35	22	Val Desborough	Penny Lane Striders	FV50
8	Carole Stynes	Spectrum Striders	FV35	23	Shelley Walsh	Spectrum Striders	FV50
9	Sue Greene	Liverpool RC	FV40	24	Chris Carson	Penny Lane Striders	FV50
10	Diane Hartley	Birkenhead & Pensby	FV40	25	Stephanie Charman	Helsby RC	FV50
11	Honor Duffield	Skelmersdale BH	SL	26	Michelle Kelly	Penny Lane Striders	FV40
12	Mhairi Gass	Warrington RR	SL	27	Rachel Niell	Penny Lane Striders	
13	Sarah Haythornthwaite	Penny Lane Striders	SL				
14	Gill Collen	Warrington RR	FV40				
15	Shirley Anderson	Warrington RR	FV35				

Mens Team Result

Pos	Team	Runners	Score	Points
1	Spectrum Striders	(1,7,8,12,18,21)	67	11
2	Liverpool RC	(2,3,10,11,13,34)	73	10
3	Newburgh Nomads	(4,15,16,17,25,26)	103	9
4	Penny Lane Striders	(5,14,20,28,32,43)	142	8
5	Birkenhead & Pensby	(29,35,38,41,51,52)	246	7
6	Warrington RR	(22,31,36,44,55,64)	252	6
7	Skelmersdale BH	(9,24,33,46,[2x76])	304	5
8	Roby Runners	(6,27,49,73,74,[76])	325	4
9	Helsby RC	(19,54,75,81,[2x76])	421	3
10	Ford Halewood	No Team	-	-
10	Parbold Pink Panthers	No Team	-	-

Ladies Team Result

Pos	Team	Runners	Score	Points
1	Spectrum Striders	(1,5,8)	14	11
2	Birkenhead & Pensby	(4,7,10)	21	10
3	Liverpool RC	(2,9,20)	31	9
4	Penny Lane Striders	(3,13,16)	32	8
5	Warrington RR	(12,14,15)	41	7
6	Skelmersdale BH	(6,11,[37])	17	6
7	Helsby RC	(17,25,[37])	42	5
8	Ford Halewood	No Team	-	-
8	Newburgh Nomads	No Team	-	-
8	Parbold Pink Panthers	No Team	-	-
8	Roby Runners	No Team	-	-

Current Team Positions After 3 Races

Men

Pos	Team	Race 1	Race 2	Race 3	Total
1	Liverpool RC	11	11	10	32
2	Spectrum Striders	10	10	11	31
3=	Penny Lane Striders	9	8	8	25
3=	Newburgh Nomads	7	9	9	25
5	Warrington RR	8	7	6	21
6	Birkenhead & Pensby	5	5	7	17
7	Skelmersdale BH	6	6	4	16
8	Roby Runners	3	4	5	12
9	Helsby RC	4	3	3	10
10	Ford Halewood	2	0		2
11	Parbold Pink Panthers	NT	NT	NT	0

Ladies

Pos	Team	Race 1	Race 2	Race 3	Total
1	Spectrum Striders	11	11	11	33
2=	Liverpool RC	10	6	9	25
2=	Birkenhead & Pensby	5	10	10	25
4	Penny Lane Striders	9	7	8	24
5	Skelmersdale BH	8	9	6	17
6	Warrington RR	6	8	7	21
7	Helsby RC	7	5	5	17
8	Parbold Pink Panthers	4	4	NT	8
9=	Ford Halewood	NT	NT	0	
9=	Newburgh Nomads	NT	NT	0	
9=	Roby Runners	NT	NT	0	