

North West XC – Race 3 – Arrowse Park – 7 December 2008 – 4.54M

Mens Results

1	Graham Houghton	Spectrum Striders	SM	47	Ian McNiell	Penny Lane Striders	V50
2	Paul Sankey	Liverpool RC	SM	48	Shane Moore	Penny Lane Striders	SM
3	Ian Magill	Liverpool RC	SM	49	Mark Culshaw	Newburgh Nomads	V40
4	Steve Rickets	Liverpool RC	V40	50	Tony Lawlor	Roby Runners	V40
5	Ian Palin	Liverpool RC	SM	51	Dave Gallimore	Warrington RR	SM
6	Paul Quine	Liverpool RC	V40	52	Paul Stupples	Newburgh Nomads	V40
7	Dave Edwards	Liverpool RC	V40	53	Gordon Scholefield	Birkenhead & Pensby	V50
8	John Farrell	Penny Lane Striders	SM	54	Peter Summers	Skelmersdale BH	V50
9	Paul Schumann	Roby Runners	V40	55	Andy Glen	Roby Runners	V40
10	Mike Houghton	Spectrum Striders	SM	56	Julian Spencer	Spectrum Striders	V40
11	Stephen Ager	Skelmersdale BH	V40	57	Tommy Burke	Penny Lane Striders	V60
12	John Thompson	Skelmersdale BH	V40	58	Paul Crawley	Warrington RR	SM
13	Steve Watmough	Spectrum Striders	V40	59	Rob Owen	Roby Runners	SM
14	Dave Ralphs	Newburgh Nomads	V40	60	Chris Hampton	Warrington RR	SM
15	Maurice Collins	Liverpool RC	V40	61	Steve Riley	Helsby RC	V40
16	Jimmy Connolly	Spectrum Striders	V40	62	Andy Waring	Birkenhead & Pensby	V50
17	Mike Welsby	Spectrum Striders	SM	63	Steve Saunders	Birkenhead & Pensby	V40
18	John Crook	Skelmersdale BH	V40	64	Nigel Cochrane	Newburgh Nomads	V50
19	Neil Garnett	Spectrum Striders	V40	65	Richard Green	Birkenhead & Pensby	
20	Steven Nijs	Liverpool RC	SM	66	Andy Smith	Helsby RC	V40
21	Steve Martin	Spectrum Striders	V40	67	Peter Hampshire	Birkenhead & Pensby	SM
22	Frank Martin	Penny Lane Striders	V40	68	Tony Bell	Warrington RR	V40
23	Dave Reynolds	Newburgh Nomads	V40	69	Rob Williams	Liverpool RC	SM
24	Jim Dawson	Warrington RR	V40	70	Alan Kirkham	Birkenhead & Pensby	V60
25	Chris Dawson	Spectrum Striders	SM	71	Andy Webster	Roby Runners	V40
26	Neil Kelly	Penny Lane Striders	SM	72	Steve Pemberton	Penny Lane Striders	V50
27	Georges Rouillon	Spectrum Striders	SM	73	Eric Gelshon	Roby Runners	V60
28	Andy Garnett	Spectrum Striders	V50	74	Andrew Stansfield	Penny Lane Striders	V40
29	Kevin Marsden	Spectrum Striders	SM	75	John Keyworth	Birkenhead & Pensby	V50
30	Wally Coppelov	Newburgh Nomads	V50	76	Kevin Dickinson	Warrington RR	SM
31	Paul Kay	Spectrum Striders	V50	77	Fred Duenbier	Newburgh Nomads	V50
32	Richard Howlett	Liverpool RC	SM	78	Paul Manville	Liverpool RC	SM
33	George Pierce	Liverpool RC	V40	79	Mike Devereux	Penny Lane Striders	V50
34	Paul Rainford	Liverpool RC	V40	80	John Gresty	Skelmersdale BH	V60
35	Simone Capponi	Penny Lane Striders	SM	81	Robbie Burke	Liverpool RC	V40
36	Tim Court	Newburgh Nomads	V40	82	Tony Byrne	Penny Lane Striders	SM
37	Paul Riley	Penny Lane Striders		83	Dave Clarkson	Penny Lane Striders	V60
38	Mal Balmer	Penny Lane Striders	V40	84	Neil Pearson	Ford Halewood	
39	Steve Clayton	Liverpool RC	V50	85	Dave Griffiths	Birkenhead & Pensby	SM
40	Gary Thornton-Allen	Birkenhead & Pensby	SM	86	Ian Sneddon	Birkenhead & Pensby	V60
41	Billy Merritt	Liverpool RC	V40	87	Alby Flynn	Roby Runners	V60
42	Andy Webster Jnr	Roby Runners	SM	88	Percy Hogg	Birkenhead & Pensby	V60
43	Keith Brown	Warrington RR	V40	89	Ian Chalmers	Birkenhead & Pensby	V60
44	Patrik Corrigan	Birkenhead & Pensby	V40	90	Harry Johnson	Newburgh Nomads	V70
45	Alastair Singleton	Birkenhead & Pensby	V40				
46	Tony Man	Penny Lane Striders	V40				

Ladies Results

1	Natalie Palin	Liverpool RC	SL	13	Jackie Chen	Penny Lane Striders	FV40
2	Liz Farhall	Spectrum Striders	SL	14	Tarja Kinnunen	Penny Lane Striders	FV40
3	Karon Forster	Spectrum Striders	FV40	15	Helen Volland	Skelmersdale BH	SL
4	Pam Thurtle	Penny Lane Striders	SL	16	Steph Charman	Helsby RC	FV50
5	Maria Conaghan	Penny Lane Striders	SL	17	Michelle Kelly	Penny Lane Striders	FV40
6	Shirley Anderson	Warrington RR	FV35	18	Anne Ferry	Liverpool RC	FV50
7	Honor Duffield	Skelmersdale BH	SL	19	Emma Johnston	Spectrum Striders	FV35
8	Carole Quirk	Skelmersdale BH	FV50	20	Carolyn Houghton	Penny Lane Striders	FV35
9	Carol Stynes	Spectrum Striders	FV35	21	Lyn Vickers	Liverpool RC	FV40
10	Sue Greene	Liverpool RC	FV40	22	Shelley Walsh	Warrington RR	FV50
11	Sue Burke	Liverpool RC	FV40	23	Maria Haigh	Birkenhead & Pensby	FV40
12	Gill Collen	Warrington RR	FV50				

Team Results

Men

Pos	Team	Score	Points
1	Liverpool RC	27	11
2	Spectrum Striders	76	10
3	Penny Lane Striders	166	9
4	Newburgh Nomads	204	8
5	Roby Runners	286	7
6	Warrington RR	304	6
7	Birkenhead & Pensby	307	5
8	Skelmersdale BH	275 (only 5 Ran)	4
9	Helsby RC	527 (only 2 Ran)	3
10	Ford Halewood	584 (only 1 Ran)	2
11	Parbold Pink Panthers	No Team	0

Ladies

Pos	Team	Score	Points
1	Spectrum Striders	14	11
2	Liverpool RC	22	10
3	Penny Lane Striders	22	9
4	Skelmersdale BH	30	8
5	Warrington RR	40	7
6	Helsby RC	82 (only 1 Ran)	6
7	Birkenhead & Pensby	89 (only 1 Ran)	5
8	Parbold Pink Panthers	No Team	0
9	Ford Halewood	No Team	0
10	Roby Runners	No Team	0
11	Newburgh Nomads	No Team	0

CURRENT POSITIONS

MEN

Pos	Team	Race 1	Race 2	Race 3	Total
1	Liverpool RC	11	11	11	33
2	Spectrum Striders	10	10	10	30
3	Penny Lane Striders	9	8	9	26
4	Newburgh Nomads	8	9	8	25
5	Skelmersdale BH	7	7	4	18
6	Warrington RR	6	6	6	18
7	Roby Runners	5	4	7	16
8	Birkenhead & Pensby	4	5	5	14
9	Helsby RC	3	3	3	9
10	Ford Halewood	2	0	2	4
11	Parbold Pink Panthers	NT	NT	NT	0

LADIES

Pos	Team	Race 1	Race 2	Race 3	Total
1	Spectrum Striders	11	11	11	33
2	Penny Lane Striders	10	10	9	29
3	Liverpool RC	8	9	10	27
4	Skelmersdale BH	9	6	8	23
5	Warrington RR	7	8	7	22
6	Helsby RC	5	5	6	16
7	Parbold Pink Panthers	6	7	NT	13
8	Birkenhead & Pensby	4	4	5	13
9	Ford Halewood	NT	NT	NT	0
10	Newburgh Nomads	NT	NT	NT	0
11	Roby Runners	NT	NT	NT	0